

LAP SWIMMING/ADULT CONDITIONING 2016 FALL SCHEDULE
EFFECTIVE AUGUST 22, 2016

	Mabee (Shallow) Pool	Abell (Deep) Pool	FMH Foundation Natatorium
Monday	6:00 am - 7:45 pm 4 lanes	6:00 am - 7:45 pm 3 lanes	6:00 AM - 4:00 pm 4 lanes 6:00 pm - 7:45 pm 4 lanes
Tuesday	6:00 am - 7:45 pm 4 lanes	6:00 am - 7:45 pm 3 lanes	6:00 AM - 4:00 pm 4 lanes 6:00 pm - 7:45 pm 4 lanes
Wednesday	6:00 am - 7:45 pm 4 lanes	6:00 am - 7:45 pm 3 lanes	6:00 AM - 4:00 pm 4 lanes 6:00 pm - 7:45 pm 4 lanes
Thursday	6:00 am - 7:45 pm 4 lanes	6:00 am - 7:45 pm 3 lanes	6:00 AM - 4:00 pm 4 lanes 6:00 pm - 7:45 pm 4 lanes
Friday	6:00 am - 5:45 pm 4 lanes	6:00 am - 5:45 pm 3 lanes	6:00 am - 5:45 pm 4 lanes
Saturday	9:00 am - 3:45 pm	9:00 am - 3:45 pm	8:00 am - 11:45 am
Sunday	CLOSED	CLOSED	2:00 pm - 5:15 pm 4:15 - 5:15 Family Swim

Lap lanes will be available ONLY during the specified times. Please note, the pool will be shared with other COM programs. Lap swimmers are asked to share lanes when necessary. Lap swim may be cancelled due to meets or other events, and notice will be posted in the front office.

Family swim is available for current COM members. No children allowed in the pool until the lifeguard is on deck, and must be accompanied by a parent at all times (no drop offs). Members are required to sign in. Family swim is limited to the designated pool only. Pool rules must be observed. Family swim may be cancelled due to meets or other events, and notice will be posted in the front office.

